

# **TRUE SUCCESS SUMMARY**

**the harmonious balance of physical, mental  
and spiritual energies**

**A general description of topics  
included in the TRUE SUCCESS  
training program which contains  
a vast selection of quotations  
from the Urantia Papers**

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## **TRUE SUCCESS SUMMARY**

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and spiritual energies**

**A general description of topics**

The Center of Urantia  
creates programs for personal development and  
leadership based on the teachings, information,  
and revelations found in the Urantia Papers.  
The Center maintains a web site at [urantology.org](http://urantology.org).  
This is a single source for information  
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These general descriptions are based on concepts  
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## **PART 1**

### **A NEW PHILOSOPHY**

Truth is found is discovering new and better ways of reacting to life situations.

We need to distinguish between the realities of the material and the spiritual worlds while realizing their unification.

Cosmic insight can then be applied to the way we react emotionally to our social and economic circumstances.

We must dare to think, act, and live honestly, loyally, fearlessly, and truthfully. Accept that there will be no growth without difficulties.

As civilization becomes more complex, the more important it is for us to keep life simple and avoid its small conflicts.

Strive for emotional, intellectual, social, and spiritual maturity. The result is a strong character and a unified personality. This leads to happiness.

We can come to know by faith that we are the sons and daughters of a loving God.

## **ACTION LIVING**

Successful living is nothing more or less than the art of the mastery of dependable techniques for solving common problems.

We need to recognize them, face them fearlessly, and adjust our attitudes to the ever-changing challenges of life.

Find time for spiritual meditation and religious devotion. Through the practice of worship, union with divinity, we gather strength and wisdom.

In this way, we can install a philosophy of living in the place of religious authority.

Moral power and spiritual energy are mighty forces for spiritual living which makes all levels of activity richer and more meaningful.

With high ideals and practical ideas we can become useful to our fellow mortals.

## **BE PERFECT**

...even as the Father in heaven is perfect.

Such a simple request has within it the challenge of eternity.

It is the purpose of the long career of all mortals – to ascend by personal choice and effort to find our individual self and our own journey to heaven.

Man finding God and God finding man - the creature becoming perfect as is the Creator - that is the final and certain destiny of our spiritual progress.

As we approach perfection we are becoming closer to God and more at one with our indwelling spirit.

We experience the ecstasy and grandeur of spiritual socialization on a universe scale.

## **CIVILIZATION**

Our rich social and cultural heritage should be wisely and effectively passed on to succeeding generations.

Civilization can flourish when we have time to think, to plan, to imagine new and better ways of doing things.

Modern civilization needs to progress in spiritual development and the safeguarding of the home institution.

The higher civilization climbs, the more we need to “seek first the realities of heaven”.

This helps in our efforts to stabilize society and solve its material problems.

The maintenance of world-wide civilization is dependent on human beings learning how to live together in peace and fraternity.

This leads directly to the social achievement of the brotherhood of man and the personal status of God-consciousness.

## **DECISIONS**

We can choose to embrace the fact of God-consciousness social service.

This occurs as an inner response of spiritual faith to external conditions - material decisions based on intelligent reflection.

We function as responsible enlightened individuals. We become more like God.

God allows us to have the power of relative freewill. This overriding power, our only power, can be offered back to God by choosing to do his will.

This will is found in worship, love and service. In all our decisions, we are simply to choose goodness.

Our spiritual growth is directly linked to the power and persistency of our decisions.

## **EDUCATION**

Education continues throughout life, and is experienced in teaching and sharing.

Facts stimulate the mind while wisdom and truth entice the soul.

We are able to meet the demands of everyday life through the wise coordination of facts with the guiding light of supreme values and higher truths.

We aspire to God-consciousness which is the ultimate of mind attainment.

The purpose of all education should be to develop a well-balanced personality.

It allows us to understand and plan life, solve problems, and develop character.

But it can not divulge absolute truth. That is an exercise of faith.

## **EXPERIENCE**

As we truly experience this universe, we can look for a divine mind and personality.

Through spiritual insight, we can create a relationship with God and this presence is the greatest experience of all.

It is purely personal and unique for each of us.

All of our achievements come from teamwork, individual effort and personality expression.

We become creative as life requires us to deal with a wide range of universe problems. From adversity we grow.

Experience is the master teacher. It teaches us the power of reflective thinking.

## **FAITH**

Faith triumphs over all adversity and can dominate the way we live.

It releases us from the mechanisms of the material world and the limits of the intellectual world.

It lives in the spiritual realm that can be known, and known now.

Living faith mobilizes the total powers of our personality and gives an insight into the love of God. But it has no influence on the ordained laws of the material universe.

Beliefs are subject to doubt and fear. They can be challenged.

But there is a certainty in faith when it is linked to cosmic reality.

By faith, we become spirit-conscious that God is our loving parent.

## **FRIENDSHIP**

God is a living friend and a loving father.

There is no need for God to be a stranger to us. There is an exhilaration in having such a true and reliable friend.

Our service to humanity can be done as a friend for a friend. Friendships are the treasures of life and give pleasant memories.

It is wise to be interested and friendly to others.

Such self-expression develops the human character.

It gives insight between people. It gives zest for living, glorifies our achievements, lightens burdens, enhances beauty, and stimulates the imagination.

The secret of all good relationships is love.

## **PART 2**

### **GOD CONSCIOUSNESS**

We can know God. Not in a book, not from someone else, not as a distant force.

We can know God as a loving friend who understands us and loves us as a parent loves a child.

We can experience a loving spiritual presence that is truly astonishing, and this can be attained by intelligent prayer and sincere worship.

In the consciousness of mind, we are to discern the Father's will. The next challenge is to actually do that will.

We realize the interdependence that exists between God and man.

The personality becomes dominated by spirit. We discover profound spiritual realities of loyalty and love, of service and friendship.

However, the full realization of God requires the experiencing of total reality.

## **GOOD LUCK AND PROVIDENCE**

Divine providence refers to the natural law and order of the universe which science is identifying as causes and effects. Spirits are no longer to be blamed for ill luck.

Now however, the tendency is to blame government, industry, and society. And religion can avoid such accusation by embracing higher philosophic levels.

True human progress and spiritual advancement depend not on superstitions, wishful thinking, and supposed luck.

They are part of progressive evolution in harmony with providence, and requires intellectual hard work.

At times, our tribulations can develop great strengths. And so called good luck can lead to adverse circumstances.

Accept fortuitous circumstances for their true meaning. See them in relation to the greater purpose of the evolving universes.

## **HAPPINESS**

Enjoy life in all its legitimate and constructive ways while aware of the goals of destiny.

Personal happiness is linked to faith, the pursuit of worthy goals, spiritual progress, and acting on the direction of the Father's spirit.

Happiness is not dependent on the abundance of material possessions or basic gratifications.

It takes origin in the inner life – intellectual application, emotional maturity, and spiritual achievement.

To be truly happy? Love one another.

Share life. Recognize truth. Disappointment and pride are errors of the material environment and our reactions to it.

They are not reality.

## **HUMOR**

Humor is a contributor to health, a release for emotions, a deflator of ego, and a buffer to serious self-contemplation.

Laugh. Smile.

Such is the way in all the universes.

True religion does not destroy the sense of humor. It contributes to group association and the social aspects of play and entertainment.

Reflection on times past is a great source of humor. It lightens our current concerns as we realize the unimportance of much that concerns us.

And although we see the future as uncertain, we can rejoice in the promise of the eternal journey.

It gives perspective to our place in the universe.

## **JUST IMAGINE**

Imagine a gigantic scheme of created and organized planets whirling through space.

Then add an immense plan for the adventurous inhabitants to evolve and progress through an endless career to paradise and beyond.

This voyage of discovery is perfected through ages upon ages of loving instruction and guided experience.

On this journey we see wonders of beauty, meet beings of exquisite knowledge, and enjoy the melodies and pageants of the universes.

There is a harmony of existence.

Dare we think that our sin-stricken and self-seeking world can attain the grandeur of physical perfection, intellectual attainment, and spiritual development?

## **LOVE**

Love is the greatest of all spirit realities, the supreme relationship.

This love of God for the individual brings into being the divine family of all individuals.

And the ultimate goal of human progress is the reverent recognition of the fatherhood of God and the loving materialization of the brotherhood of man.

Love is a measure of forgiveness. It totally destroys evil.

Love is infectious, alive, free, thrilling.

By approaching God through love, we increase our reality.

Devote your life to proving that love is the greatest thing in the world.

## **MARRIAGE**

Personal freedoms, lack of preparedness, and the pace of social change, are placing pressure upon pair relationships.

However marriage, with its family association, is the mainstay of civilization.

It leads to the establishment of the home, and safeguards the educational values and the cultural heritage for future generations.

Commitment and heightened individuality are the ideals of this social partnership.

From it we experience greater personal insights, interpersonal understanding, and spiritual growth.

The sum of effective family units is a mature and moral civilization.

## **MATERIALISM AND WORK**

Idleness is destructive of self-respect.

Acquire the essentials required for the temporal life through suitable work. Be spirit led in the way we do that work.

Well-earned leisure can be devoted to increased self-realization.

Industry can one day replace the uncivilized notion of war. The profit motive will be replaced by superior types of nonprofit motives for economic striving and social serving. And competition will give way to cooperation.

In our obsession with ownership and consumerism, we need to be mindful of values.

God-knowing individuals are not discouraged by misfortune or purely material upheavals.

Make time to explore true reality. Find higher achievements with everlasting rewards.

## **MIND AND THINKING**

Material mind is the arena in which we live, make decisions, choose or reject God, and eternalize or destroy ourselves.

Mind connects matter and spirit. Mind universally dominates matter. And mind, in turn, is responsive to the ultimate overcontrol of spirit.

Our thoughts, not our feelings, lead us Godward.

A superconscious level, as opposed to the practical subconscious level, provides the zone for the spiritual connection.

Reason grows from material awareness, while faith grows from spiritual awareness.

Scientific, moral, and spiritual insights are qualities of courageous and independent reflective thinking, and can be unified.

Strive for quality of thinking. Explore unknown realms of intellectual living. Unify with the indwelling spirit of the Father.

## **PART 3**

### **PARENTING AND HOME LIFE**

Parenting by mothers and fathers is the supreme responsibility of life. And the home is the mainstay of civilization.

The love of children and the home gives pleasure to the spirit.

The earth family is indicative of the heavenly family. God loves all his children as a true parent. The loyalty, security and freedom offered to children provide an excellent grounding for developing qualities of love and faith. These qualities in turn, will be provided to the next generation.

Wisdom needs to be shown in the raising of children so they understand the realities of existence.

Their heroes, their ideals, their lifework, and their original experiences, need to be nurtured in order to prepare them for a contributing and rewarding life.

## **PEACE**

Trade, travel, and communications with a global language, are greater promoters of peace than treaties and agreements.

Peace is best for our material welfare.

War will continue until we love one another for then the strong will not seek to oppress the weak. Peace is the measure of our civilization.

Religious peace requires religions to recognize their common God, see all religionists as equals, have a global outlook, and abandon the authority of their leaders. Only God is spirit sovereign.

Nationalism and secularism are the main obstacles to world peace.

Representative government can bring peace on earth by the regulation of our earthly problems, thereby allowing citizens to realize their true friendship with one another.

God has to reside in human society. We find peace in the heart, not in transient joys.

## **PRAYER**

Prayer is not a means of escaping difficulties and conflicts. It is a way of courageously facing problems and gaining wisdom to deal with them - and proceeding with absolute faith.

An effective technique is the concept of an alter ego, where we endeavor to talk in a purely personal way with the spirit within, that is, with the very presence of God.

The benefits of prayer are an increased capacity for spiritual receptivity, increased spiritual insight - God-consciousness.

The sincerity and motivation behind the prayer are more important than our earthly status or the words we use.

The limited, finite mind reaches out to the Infinite. Freely ask for the welfare of others. After prayer, listen in the silence for spiritual answers. And be prepared to receive an unexpected answer, one that requires us to do the will of the Father.

## **RELATIONSHIPS**

We first identify with relationships within the family and expand these concepts to embrace divine relationships in the universal realms.

And all these relationships, even with the nation and the race, are unique and to be treasured.

The relationship between men and women is eternally beneficial and complementary in their enduring differences.

Equality in such associations represents social justice with prevailing aspects of fairness, peace, and happiness.

And we are not to be deprived of the liberty to truly love and serve others, and to find our personal relationship with God.

## **RELIGION IN PERSONAL EXPERIENCE**

The influences and demands of modern society require the stabilizing influence of a cosmic perspective.

Each of us is unique with a different interpretation of the religious experience.

The temporal life is infused with comforting knowledge, the assurance of belonging, and universal love. There is comprehension beyond mind.

True religion provides a dynamic way to face life, and reacting to situations, on a daily basis. Through the application of spiritual meanings and values, we can wisely make decisions about living. We can rise above self interest. We share religion.

Religion is alive, dynamic, and ever changing. It is not static or locked away.

As highly active personalities, we are free to explore its continually revealing truths.

## **RELIGION IN SOCIETY**

Religion needs to accelerate its adaptation to a rapidly changing world that is altering our values and way of living.

Unfortunately religion is part of the social order facing reconstruction. Its power for good has been curtailed as it has become institutionalized.

Therefore civilization will best advance from creative leadership based on the personal spiritual experience of its people. And this demonstrates that religion is as a way of thinking as well as living.

Religions of authority operate in contrast to the religion of the spirit where people are free to express their spirit leadings and longings.

The ease of conformity is contrasted to a life of challenge and progress.

## **SERVICE**

Service is the real nature of the religious life.

It can be performed in all life situations from the materially difficult to the spiritually divine. Bravely express the desire to serve God and fellow beings.

We are especially called to be of loving service to those who seek truth. We can all achieve perfection through service.

Service is based on love and creates goodness which overcomes evil.

It creates a moral nature, a true companion, and a better citizen.

Service makes us forget self, seek a noble cause, and leads to the search for God.

## **SPIRIT**

Each person has an indwelling spirit who lovingly guides us on the long journey to perfection.

The endeavor is to subject our material lives to the leadings of the spirit. Then mastery can be derived from spiritualized thinking.

It is an indicator of our closeness to God and our usefulness to others.

Material goals can be ruinous whereas the spiritual goal of self-realization is impervious to catastrophe. Spiritual progress does not give confer power over others.

Spirit transcends mind and mater. It inspires love, worship, and wisdom.

It sets new goals for living and new realities that transform the human character.

## **SUCCESS**

Success is discovering the truth of living, its spiritual prizes.

There is the endless exploration of infinity, the freedom of the spirit existence, the rewards of wise reactions to ever-recurring life situations, and inexplicable self-realization.

Our spiritual success may appear to be a material failure.

But from failing gracefully, we learn. We become wise. We strive and start anew.

A strong ambition is essential for material success.

In comparison, spiritual achievements are built on faith, love, and truth. The difficulties of time can become the triumphs of eternity.

Success is the development of a perfectly unified human personality.

## **PART 4**

### **THE FUTURE**

There will be an outpouring of love for God and amongst mankind. There will be high moral conduct of citizens and devoted family units. Spiritual idealism and enlightenment will shape the destiny of the planet.

Recognition will be given to people of ideals who advance representative government, science, philosophy, and culture. Peace can then ensue.

A new social order based on mutual understanding and service will prevail. Leisure will be used for self improvement.

We will return to a more simplified way of life.

Improvement in all of these aspects of living is dependent on spiritual transformation – the recognition of the reality of God who is love.

New leaders will inspire this regeneration. Social, economic, and political reorganization will follow.

## **THE GOLDEN RULE**

The highest interpretation of this ideal, its true cosmic meaning, is found in universal relationships and spiritual comprehension.

To a God knowing person, there is satisfaction in the true application of this rule.

We act as citizens of a friendly universe and realize the love of God for we have discovered the joy of loving and serving our fellow mortals.

And in so doing, we realize the value of self.

Love leads us to adapt and re-evaluate relationships.

And love, the highest cosmic good, then expands to embrace other universal citizens in spirit-led living and loving.

## **THE HARMONIOUS BALANCE**

The physical, intellectual, and spiritual domains of total creation are divinely integrated by one infinite mind.

God and the spirit domains, in perfect co-ordination, lead us from material bonds to spiritual freedoms.

At some future time, balanced energy circuits will be governed by mind. And spirit will dominate mind.

The faith drive of the emerging soul needs to be tempered with the wisdom gained from hard won experience.

Consider the harmony of family love, personal honor, and social duty. And reflect on the harmonious co-ordination of knowledge, wisdom, and truth. This all culminates in the completeness of consciousness of God.

When the perfection and harmony of the human will is in accord with God's will, we become one with the creator. We are to be faithful to this divine trust in human freewill.

## **TRUTH**

Living truth exists only in the totality of creation. As such, it is replete and uniform. There is no conflict.

And this can be experienced in both our intellectual and spiritual natures.

The application of intellect to knowledge leads to a personal discovery of truth which allows us to meet the demands of daily life.

When there is absolute clarity of truth, together with genuine faith, then spiritual light can be offered to those who languish in spiritual darkness.

Sincere believers do not fear the examination of their ideals. Beliefs mature into considered truths, where true knowledge is compatible.

Truth grants the highest forms of beauty and human liberty. There is recognition of divinity and communion with God.

## **VALUES**

The virtuous life is innate in human personality. Yet we are free to make moral decisions, accept truths, and love unconditionally.

Values resonate in the heart. They act independently of reason and logical proofs.

Loyalty is a truly impressive virtue.

To labor without self interest for the welfare of others, is a hallmark of greatness. And that is a sign of Godlikeness.

Spiritual values of truth, beauty, and goodness are known with the eye of faith.

Life is meaningful when we expand our realization of these spiritual values. And these eventuate from spiritual experiences.

## **WEALTH**

Wise planning is essential to the acquisition of worldly prosperity. And wealth is then required to be administered wisely in regards to equity and the laws of justice.

Material wealth may enhance the material life but it knows not truth. And happiness does not result from its power.

It is unfortunate when wealth misdirects the attention and affection from spiritual pursuits.

Those who know faith, love, and contentment are truly wealthy. Debt, by contrast, is enslavement.

Today, the contest for wealth is disproportionate to our needs and causing stress. There is a resulting injustice in its distribution.

## **WISDOM**

We interpret the world through personal experience. Factual knowledge and true values so gained, are harmonized to create our reality develop and our wisdom.

This high intellectual feat also incorporates a spiritual motivation and universal perspective.

Better decisions are then made on the known past and probable future and become a forward plan of action.

All the while, we are to exercise the art of living in the present, and wait upon time, and the unfolding purpose of the Universal Father.

We need wise leadership to manage and protect our planet for wisdom is superior to mere knowledge.

And this wisdom enhances the gift of spiritual insight.

## **WORSHIP**

The erroneous worship of nature was originally based on fear and illusion. It eventually developed a spirit basis.

And this spiritual communion is facilitated by spirit contact through meditation and spirit receptivity through relaxation.

Wisdom gained in reflective thinking, under the guidance of the indwelling spirit, encourages us to perform acts of greatness.

And wisdom leads us to worship.

True worship, the sense of the presence of God, leads us to acknowledge the oneness of all humanity.

For we increasingly become like the god we worship. Our inner being longs for such divine association.

## **YOU**

You are unique and irreplaceable. And you have the capacity to spiritually connect with God.

And although he is a majestic and glorious presence, he is also a true and loving friend. Some distant day it will be possible to stand in the presence of God.

The love of adventure and discovery indicate that an eternal voyage stretches ahead. All ambitions will be fully realized in the ages to come. Infinite treasures await.

Your truth capacity will draw others to you. Such outpouring of love signals faith in divine outcomes.

Be inspired. Reveal God in your daily life. The predominance of spirit led conduct shows self control which is true self mastery.

The greatest discovery is the truth of the Fatherhood of God which is lovingly materializing the one family of mankind.